



*Sacred Spa +  
Wellness*

## MEDIA KIT – OCTOBER 2022

**MEDIA CONTACT INFORMATION:**

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# Sacred Spa + Wellness

LUXURY - HOLISTIC - MEDSPA

*@SACREDSPAANDWELLNESS*

## ABOUT SACRED

Sacred Spa + Wellness officially opened their doors on August 1st, 2022, located on a 100-acre equine rehabilitation and training facility in the outskirts of Saratoga Springs. Sacred is a holistic + medical spa committed to health and wellness through mind, body, beauty, and soul practices.

Sacred Spa + Wellness offers a journey for every client. Not only will guests be able to receive luxury treatments, they will also gain a glimpse of Saratoga history while enduring the beauty of the ranch. In addition to Sacred's treatment offerings, guests can enjoy indulgences such as relaxing in the Greenhouse, enjoying a botanical coffee, tea, or wine at The Divine, shopping their apothecary, or meditating in their yoga studio.





## DR. ABBY REED

The founder of Sacred, Dr. Abby Reed, started her entrepreneurial journey in 2017 when she launched Sacred Chiropractic in Kansas City, MO. As Sacred Chiropractic grew, Dr. Abby expanded on her dream with her partner, Anthony Melfi. The two decided to create another “Sacred Space” with a similar intention but different offerings in the Saratoga Springs area.

*“Every detail and decision of creating Sacred has been made with thought, intention and with our guest’s utmost care in mind. Each visit to Sacred will be designed to create a lasting, fond memory of retreat and rest. We look forward to providing a sacred space of health to Saratoga County.” - Dr. Abby Reed*



## TREATMENTS + SERVICES

Sacred is a luxury spa with soul, that focuses on energy-based technology and integrative health + spa therapies. Sacred believes in treating and healing guests from within to create a healthy glow on the outside. The Sacred staff aims to address all realms of wellness: physical, emotional, spiritual, and energetic.

Some of the luxury offerings include; a MedSpa featuring Cutera technology (complete with microneedling, body sculpting, and laser treatments), HydraFacial and Keravive hair regeneration, organic facials, massages, infrared sauna cabins, acupuncture, body scrubs, copper tub soaks, yoga, meditation and more.

[CLICK HERE TO VIEW THE FULL SPA MENU](#)



# Sacred Spa + Wellness

## Additional Information

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**Location:** 125 Sherman Lane, Schulerville, NY 12871

**Property Information:**

- 100-acre thoroughbred horse farm + rehabilitation center
- Spa building is 10,000 square feet

**Spa Amenities:**

- In-door greenhouse
- The Divine; coffee, tea + wine bar
- Apothecary
- Yoga studio
- Thoroughbred horse rehabilitation track views

**Number of Spa + Wellness Rooms:** 15

**Booking Information:** Online or by phone (518) 507-0530

*(online is preferred, click here)*

**Sacred Email Address:** info@sacredspaandwellness

**Owners:**

Dr. Abby Reed (dr.abby@sacredspaandwellness.com)

Anthony Melfi (amelfi@bkregroup.com)

**Media Contact Information:**

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